High blood pressure, also known as hypertension, is the most common health condition confronting U.S. adults and is a hidden business risk to employers.

**EMPLOYERS CAN AND SHOULD ACT**

44% HIGHER

HEALTH CARE COSTS

for employees with hypertension compared to those without hypertension.1

$25 BILLION

IN ADDITIONAL COST IS EXPECTED BY 2027 BASED ON CURRENT TRENDS.1

Addressing hypertension

WILL FOSTER GROWTH AND BUSINESS RESILIENCY

Annual total cost of absenteeism due to hypertension was

4.7 TIMES

AS MUCH AS THE ABSENTEEISM COST DUE TO DIABETES.2

$22 BILLION

ESTIMATED ANNUAL PRODUCTIVITY LOSS COSTS IN 2023.1

2.3 TIMES MORE

HOURS AWAY FROM WORK among those with uncontrolled vs controlled hypertension.3

**NEW TOOLS MAKE IT EASY FOR EMPLOYERS TO ACT**

The Hypertension Budget Impact Model (BIM) uses easily accessible employer- and industry-specific data to estimate costs related to hypertension.3

The Hypertension Claims Analysis Guide (CAG) helps employers get the data they need to inform health and well-being interventions and health insurance benefit decision-making.6

**MINIMIZE BUSINESS RISK:**

The Financial Benefits of Hypertension Control and Management

This analysis was prepared by FTI's Center for Healthcare Economics and Policy staff. Any views expressed herein are those of the author(s) and not necessarily the views of FTI Consulting, Inc., its management, its subsidiaries, its affiliates, or its other professionals.

**REFERENCES:**